



# Lowell School

## Math, Science and Technology Signature School

1121 S. 3<sup>rd</sup> Avenue  
Phoenix, AZ 85003  
602-257-3902 fax: 602-257-6396  
[www.phxschools.org/lowell](http://www.phxschools.org/lowell)  
[LowellFutbol@gmail.com](mailto:LowellFutbol@gmail.com)



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After the first three weeks of the Lowell FC Program and never taking on an adventure such as this, I am seeing that we need to better define the roles of the various people involved.

Lowell FC was hoping to have a *Director of Soccer Operations*, but that individual can no longer be involved in Lowell FC due to other commitments. Therefore, Mr. Kelly will assume the responsibility of *Director of Soccer Operations*.

As we continue to develop players, we will have two levels of coaches. These levels are coming from individual commitment to the soccer program. Unfortunately, these are still volunteer positions, which are very import to ensure the 157 players are having the best possible experience.

**Lowell FC Coaches** are those coaches that have been showing up each week for one or more practices to ensure the soccer players have a quality role model, and they are ones that are making this program a success. We do hope that they will continue to be involved as they are our backbone to the organization.

- **Coach Razo**
- **Coach Dominguez**
- **Coach Garcia**
- **Coach Robles**
- **Coach Irene**
- **Coach Othon**
- **Coach Leon**
- **Coach Morales**
- **Coach Sagaste**
- **Coach Maturino**

*Team Coaches* are those coaches that will be helping with games to ensure the students are receiving equal playing time, and organizing players. We are asking for parents to contact myself, or one of the Lowell FC Coaches, to volunteer and make the commitment to help the teams operate smoothly during the soccer games.

*Team Moms/Dads* are those individuals responsible for making contact with players and parents to arrange activities for the team. Sometimes it is nice to have treats for *after* the game, and the Team Mom/Dad can help with arranging when each family will be responsible for a treat. As a school, we cannot give out names and contact information, but during practices and games the Team Mom/Dad can make contact with other players' parents to make arrangements.

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**Our vision is to promote each individual with the skills necessary to succeed at the next level.**



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**Director of Soccer Operations will work with Tuzos Soccer Club to arrange games at either 9:00, 10:00 or 11:00 on Saturday mornings for the 6<sup>th</sup>-7<sup>th</sup>-8<sup>th</sup> Grade Teams.**

678 Girls                      Coach Irene and Coach Robles  
Team Mom/Dad: \_\_\_\_\_

678 Boys – Yellow          Coach Razo and Coach Morales  
Team Mom/Dad: \_\_\_\_\_

678 Boys – Blue              Coach Sagaste  
Team Mom/Dad: \_\_\_\_\_

### **K1 Lowell FC Coaches: Coaches Othon and Leon with student assistant Juan A.**

Team Coach Red:		Team Mom/Dad:
Team Coach Green:	Ms. Reyes	Team Mom/Dad:
Team Coach Blue:		Team Mom/Dad:
Team Coach Yellow:		Team Mom/Dad:

### **23 Lowell FC Coaches: Coaches Razo and Robles with student assistants Jennifer R. and Anthony R.**

Team Coach Red:	Mr. Maturino	Team Mom/Dad:
Team Coach Green:		Team Mom/Dad:
Team Coach Blue:		Team Mom/Dad:
Team Coach Yellow:		Team Mom/Dad:

### **45 Lowell FC Coaches: Coaches Garcia and Dominguez with student assistants Santiago S. and Chris C.**

Team Coach Red:		Team Mom/Dad:
Team Coach Green:	Ms. Garcia	Team Mom/Dad:
Team Coach Blue:		Team Mom/Dad:
Team Coach Yellow:		Team Mom/Dad:

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### K1 Rules

*On Saturdays, Lowell FC Coaches Othon and Leon will run the K1 Field with the help of Juan A.*

Lowell FC Coaches will be given one game ball for both games. Players can bring their own balls to warm-up.

Team Coaches and/or parents should help with substitutions to make sure that all players have equal playing time.

The goal of the Kindergarten and First Grade teams is to run, have fun, and learn to use their feet to play soccer.

The first teams that learn to spread the field and pass will have the most success.

We do not keep score as this is just for fun and everyone is learning.

Fans should cheer for both teams!!!

- Ball Size = 3
- 4 vs 4 (no goalies)
- Substitutions are unlimited and allowed during any dead-ball situation and for injuries. However, with the game stopping every six minutes, it is best to do mass substitutions during the break at the end of each quarter.
- Playing Time: Each player shall play a minimum of 50% of the total playing time.
- All players not playing in the game must be five yards behind the touch lines.
- One coach from each team will be allowed on the playing field to instruct players.
- No Forfeits. Teams may play with lesser players if necessary depending on smallest team size.
- ***No Slide Tackling***
- No hats, jewelry, or metal spiked cleats are allowed.
- All players are required to wear shin guards.
- Each game will consist of four, six-minute quarters.
- 2 minutes break between each quarter.
- There will be a 2-minute halftime between the second and third quarters.
- Play should be started with a kick-off at the center mark of the field.
- The opposing team is to stand 5 yards from the ball at each re-start. The team listed first on the schedule will start the game with the ball.
- Teams shall rotate kick-offs each quarter.
- Parents and Coaches will help keep the ball in play. It is very difficult for them to have ball

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control, and the game would stop often if parents and coaches did not help.

- When the ball goes far out of play, a whistle is blown and the coach or parent will try to inbound the ball in a direction where a player from each team is standing.
- The coaches, according to the infraction, will award direct and indirect free kicks.
- The offside rule is not applicable to this age group.



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### 23 Rules

*On Saturdays, Lowell FC Coaches Razo and Robles will run the 23 Field with the help of Anthony R. and Jennifer R.*

Lowell FC Coaches will be given one game ball for both games. Players can bring their own balls to warm-up.

This is all for *FUN!*

Fans should cheer for both teams!!!

- Ball Size = 3
- 6 + goalie vs 6 + goalie (7 vs 7)
- Each game will consist of four, eight-minute quarters.
- Substitutions are unlimited and allowed during any dead-ball situation and for injuries. However, with the game stopping every eight minutes, it is best to do mass substitutions during the break at the end of each quarter.
- Playing Time: Each player shall play a minimum of 50% of the total playing time.
- All players not playing in the game must be five yards behind the touch lines.
- One coach from each team will be allowed on the playing field to instruct players.
- No Forfeits. Teams may play with lesser players if necessary depending on smallest team size.
- **No Slide Tackling**
- No hats, jewelry, or metal spiked cleats are allowed.
- All players are required to wear shin guards.
- Each game will consist of four, ten-minute quarters.
- 2 minutes break between each quarter.
- There will be a 2-minute halftime between the second and third quarters.
- Play should be started with a kick-off at the center mark of the field.
- The opposing team is to stand 5 yards from the ball at each re-start. The team listed first on the schedule will start the game with the ball.
- Teams shall rotate kick-offs each quarter.
- Players must throw-in the ball after any out of bounds.
- Any ball crossing the goal line will result in a goal kick for the defending team or a corner kick for the attacking team.
- The referee, according to the infraction, will award direct and indirect free kicks.
- The offside rule is not applicable to this age group.

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### 45 Rules

*On Saturdays, Lowell FC Coaches Garcia and Dominguez will run the 45 Field with the help of Santiago N. and Chris C.*

Lowell FC Coaches will be given one game ball for both games. Players can bring their own balls to warm-up.

This is all for *FUN!*

Fans should cheer for both teams!!!

- Ball Size = 4
- 6 + goalie vs 6 + goalie (7 vs 7)
- Each game will consist of four, ten-minute quarters.
- Substitutions are unlimited and allowed during any dead-ball situation and for injuries. However, with the game stopping every ten minutes, it is best to do mass substitutions during the break at the end of each quarter.
- Playing Time: Each player shall play a minimum of 50% of the total playing time.
- All players not playing in the game must be five yards behind the touch lines.
- No Forfeits. Teams may play with lesser players if necessary depending on smallest team size.
- ***No Slide Tackling***
- No hats, jewelry, or metal spiked cleats are allowed.
- All players are required to wear shin guards.
- 2 minutes break between each quarter.
- There will be a 2-minute halftime between the second and third quarters.
- Play should be started with a kick-off at the center mark of the field.
- The opposing team is to stand 5 yards from the ball at each re-start. The team listed first on the schedule will start the game with the ball.
- Teams shall rotate kick-offs each quarter.
- Players must throw-in the ball after any out of bounds.
- Any ball crossing the goal line will result in a goal kick for the defending team or a corner kick for the attacking team.
- The referee, according to the infraction, will award direct and indirect free kicks.
- The offside rule is applicable to this age group.

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### 678 Rules

Players and families have to arrange for travel for away games.

Coaches assigned to each group will be at home and away games at least 20 minutes before game time to meet the team as they arrive (individual coaches may have individual requirements for arrival).

- Ball Size = 5
- Coaches will review the opposing club's rules prior to games
- Lowell FC will follow:
  - 11 vs 11
  - Substitutions are unlimited and allowed during any dead-ball situation and for injuries.
  - All players not playing in the game must be five yards behind the touch lines.
  - No Forfeits. Teams may play with lesser players if necessary depending on smallest team size.
  - No hats, jewelry, or metal spiked cleats are allowed.
  - All players are required to wear shin guards.
  - Each game will consist of two, twenty-five-minute halves.
  - 5 minutes break between each halves.
  - Play should be started with a kick-off at the center mark of the field.
  - The opposing team is to stand 10 yards from the ball at each re-start. The team listed first on the schedule will start the game with the ball.
  - Teams shall rotate kick-offs each half.
  - Players must throw-in the ball after any out of bounds.
  - Any ball crossing the goal line will result in a goal kick for the defending team or a corner kick for the attacking team.
  - The referee, according to the infraction, will award direct and indirect free kicks.
  - The offside rule is applicable to this age group.